

WELLNESS EVENT

Heal Yourself



Heal Your World

Saturday, November 7

9am - 3pm

FREE Classes!

Fitness, wellbeing,
food, & more

**FREE
Massage!**

Meet
local wellbeing
& nonprofit
organizations!

**FREE
Products!**
& some for sale...

Food!

Apache Junction Multi-Generational Center
1035 N. Idaho Rd (just north of Superstition)

Info and schedule

480-474-5240

healyourselthealyourworld.com

